



7 NIGHTS / 8 DAYS

# Discover Your Inner Ram

Experience the values and virtues embodied by the characters of Ramayan in the trails

*"Saryu Se Sagar Tak"*

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi

## Exquisite Experience

Spiritual + Leisure

Traverse + Transform

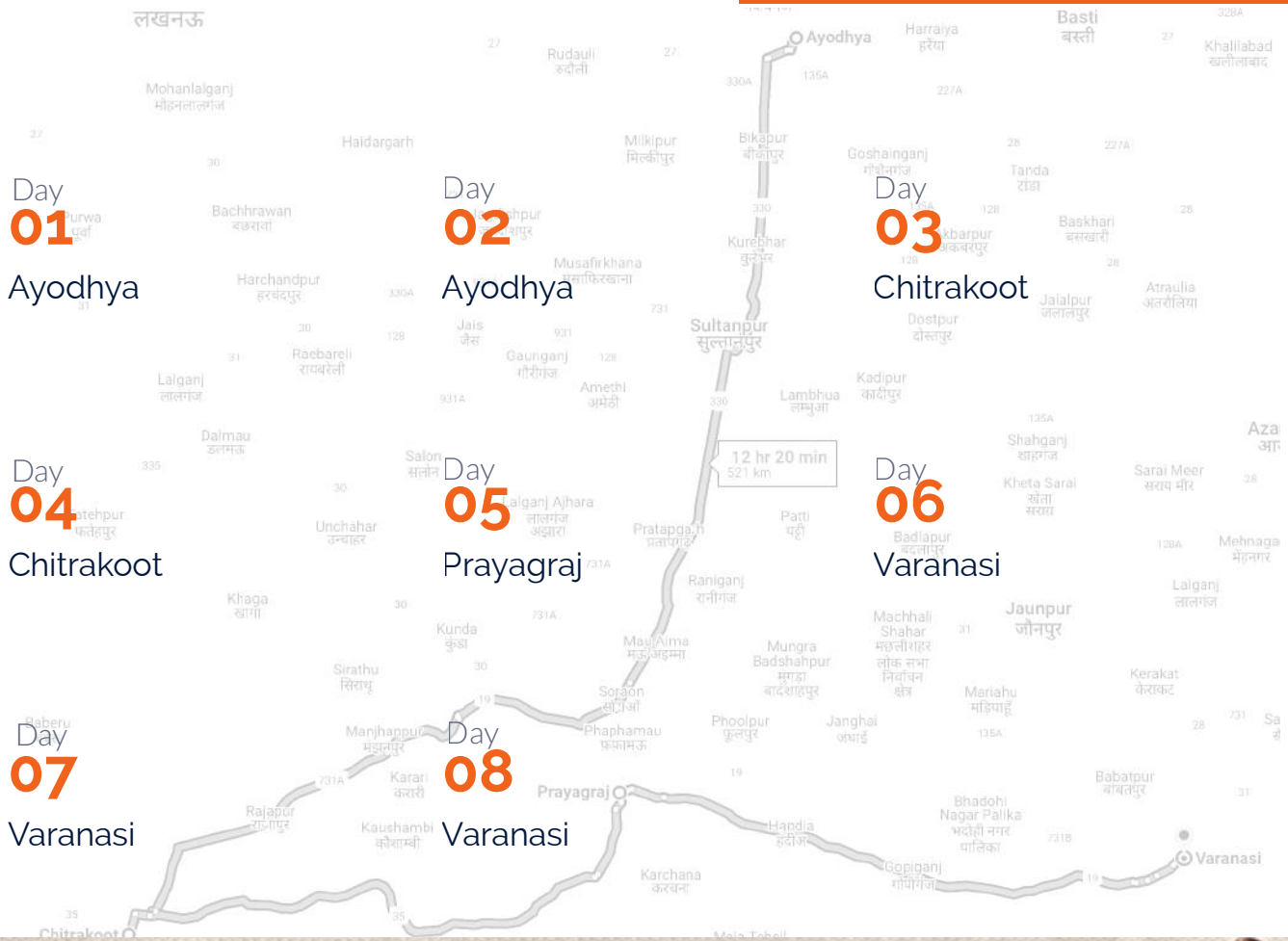


India's First Scholar Led Expeditions

# Trail - 1

## 7 nights / 8 days

Ayodhya, Chitrakoot, Prayagraj, Varanasi



# Journey Overview

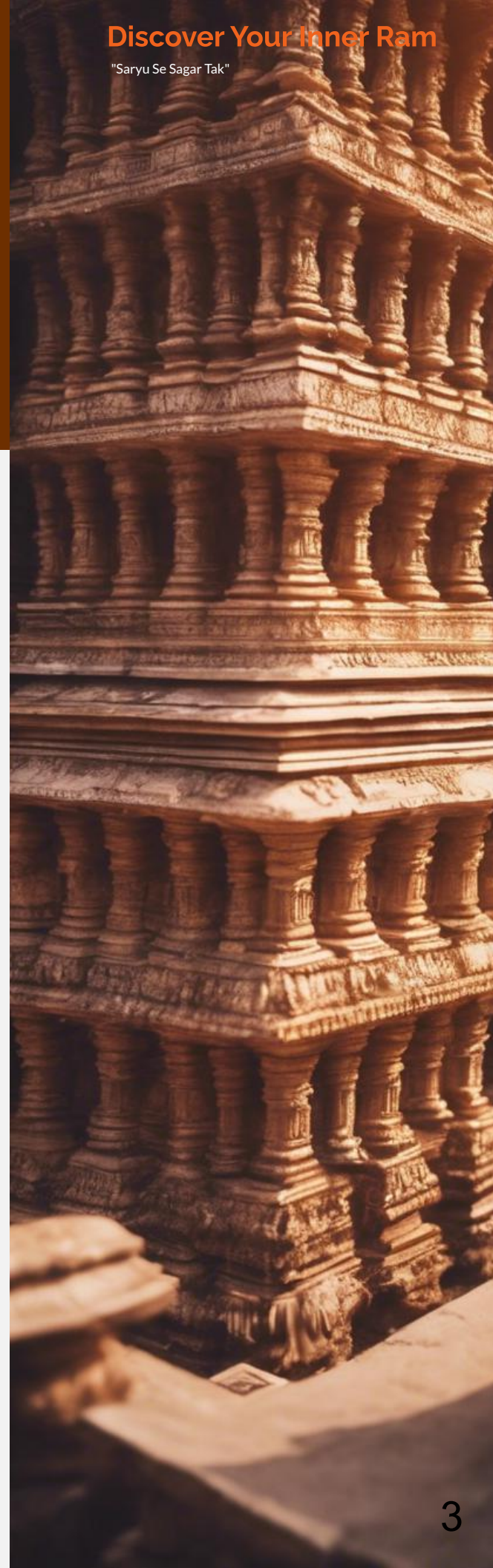
Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi

## Overview

Join us on a series of trails inspired by the stories of Ramayana, where the characters of **Ram, Sita, Hanuman, Laxman, Bharat and Shatrughana** come alive as profound mentors. In this exploration, you will encounter the living realities of values, virtues, and duties embodied by Ram and others.

## Why Do I Choose to Attend?

This trail is not just a journey through tales; it's a path to understanding your inner nature (*Svabhava*) and discovering your right duty (*Svadharm*) in the face of conflicts and challenges. The timeless teachings of *Maryada Purushottama Sri Ram* unveil the integral pursuit of physical well-being, emotional happiness, righteousness, and enlightenment.



# All Inclusions

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi



Best Available Hotels @  
Destinations



Veg, Jain and Vegan Meals  
(Breakfast, Lunch and  
Dinner)



Luxury A/C Coach



VIP Darshan @ all Major  
Temples and Aarti



Local Sight Visits



Yoga / Meditation Practises  
(Optional)



Photo and Videography



Daily 15 mins self reflection  
program



Planned Discourses with  
Scholars



Daily Immersive programs  
for inner transformation



Expert Tour Guides and Escorts

# Scholar Led Discourse Sessions

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi



## Two interactive discourse sessions

- Introduction to the objective of the tour
- A session on exemplary qualities of Sri Rama and their timeless relevance in shaping ethical leadership and personal growth
- A session on "Relevance of Sri Ram in Modern Age", that relates to various anecdotes which can be used in day to day life

## Live musical immersive performances

- Understanding the few epics of Sunder Kanda and some famous bhajans of Ram-Leela

## Meditation practise (optional)

- A session exclusively curated for all participants to learn and practise during entire course of the tour for better sleep and rejuvenation

## Self reflection journal writing

### Purpose of the Reflection Journal:

The reflection journal is a sacred space provided to each participant on our transformative journey. Its purpose is multifaceted, serving as a tool for introspection, self-discovery, and spiritual growth. Regular journaling enables participants to gain deeper insights into their thoughts, feelings, and behavioural patterns, leading to heightened self-awareness and self-understanding.

# Destination Inclusions

Trail 1- Varanasi, Prayagraj, Chitrakoot, Ayodhya

## Ayodhya

- Ram Janmabhoomi Temple - **VIP Darshan**
- Ram ki Paidi is a series of ghats on the bank of Saryu river. Experience Arati at Saryu Ghat
- Hanuman Garhi at Ayodhya
- Kanak Bhavan Temple and Jain Temple **(Optional)**

## Chitrakoot

- Visit Jagadguru Rambhadracharya Ashram
- Visit Kamtanathji Mandir, Sati Anusuya Mata Mandir
- Visit Hanuman Dhara - ropeway ride
- Visit Ram ghat and experience the boat ride on Mandakani river **(Optional)**
- Visit Gupt Godavari Caves **(Optional)**

## Prayagraj

- Visit Triveni Sangam, the confluence of the three holiest rivers by private boat.
- Visit Bade Hanuman temple

## Varanasi

- Ganga Arati at Dashashwamedh Ghat with **VIP seats**
- Visit Vishalakshi temple (Shaktipeeth)
- **VIP Darshan** at Shri Kashi Vishwanath temple and Kaal Bhairav Temple at 4 am.
- Special group boats arranged for the ride on Ganga river in the morning
- Visit "Weavers of Banaras" - with our local expert **(Optional)**
- Sparsh darshan at Shri Kashi Vishwanath temple @ 2.30 am (first come first basis) **(Optional)**



# Our Scholars and Mentors



Padma Shri awardee, **Shree Anup Jalota** graces Soil2Soul Expeditions with his presence as a mentor. There is a little the world does not know about him from recording over 200 albums, over 5000 live concerts the super star of devotional musician enjoys an awesome global fan following.



A Sanskrit scholar and Awardee by the President of India

**Prof. Sampananda Mishra**

An author and a student of Indic knowledge system

**Ms. Ami Ganatra**



An author and an motivational speaker

**Mr. Akshat Gupta**

IT Engineer, Masters in Philosophy. Simplifying Vedic Philosophy

**Mrs. Dimple Desai Khaitan**



A Singer and a Composer

**Mr. Prem Prakash Dube**

A Singer and a Composer

**Mr. Shailendra Bharti**



**Prof. Sampadananda Mishra** (MA, Mphil, PhD in Sanskrit) A Sanskrit scholar and Maharshi Badarayna Vyasa Samman, Awardee by the President of India, will set the context of the trail and daily reflection program.

**Ms. Ami Ganatra** is an alumna of IIM-A, a devout yoga practitioner and an author of books – Mahabharata Unravelling and Ramayana Unravelling. She will be sharing her thoughts with a session on "Role of Rama in modern life".

**Mr. Akshat Gupta** is an amazon's Best Selling Bilingual Author with his creator of a trilogy titled 'The Hidden Hindu' based on mythology and science fiction. With over 800k Insta followers, a Lyricist, Bollywood screenwriter, and poet, Akshat is a versatile artist, with a story that touches the hearts of his audience.

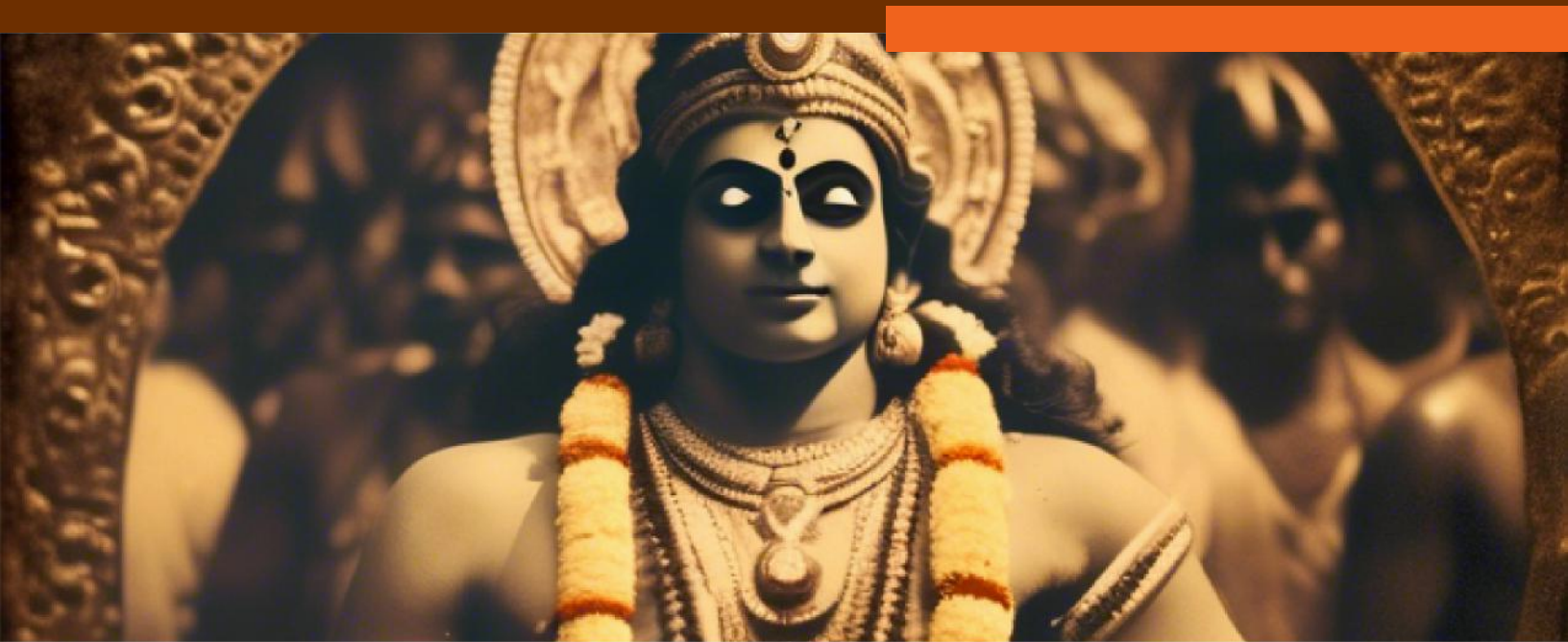
**Ms. Dimple Desai Khaitan** An IT engineer, Masters in Philosophy, her speciality is simplifying Vedic philosophy and culture. Her knowledge and expertise on the philosophy of **Vaishnavism**, **Shaivism**, and **Shaktism** is deep yet simple.

**Mr. Prem Prakash Dube** is a professional music composer & singer of Ramayan, Sri Bhajan, Durga Saraswat and 23 Sahastranam including 10000 Sanskrit shlokas, currently singing first epic of Sanatan Dharm and will set the evening with spiritual musical session on Sunderkand and Rama Bhajan.

**Mr. Shailendra Bharti** Shailendra Bharti, an esteemed vocalist and artist renowned in the domain of Indian semi classical and devotional music such as the Shrimad Bhagvad Gita, Ramayan, Ramcharitamanas manas, Durga Saptashati, Purans, among others. These renditions, along with a vast collection exceeding 2000 links, are readily accessible on YouTube, providing comprehensive access to the majority of his oeuvre.

# Cost Summary

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi



## 2024 / 2025 Departures

### Departures:

- **October 2024:** 13/10/24, 21/10/24
- **November 2024:** 05/11/24, 17/11/24
- **December 2024:** 08/12/24, 15/12/24, 22/12/24
- **March 2025:** 03/03/25, 21/03/25, 31/03/25

### Indian Residents:

DBL / Twin Sharing: INR 1,43,500 per person  
SGL Occupancy: INR 1,81,500 per person

### Overseas Residents:

DBL / Twin Sharing: USD 2150 per person  
SGL Occupancy: USD 2450 per person

### Highlighted Inclusions:

- Hotels as mentioned above
- 7 breakfast, 7 curated lunches and 7 curated dinners
- Planned 2 discourse session with our scholars and 2 devotional music sessions
- On tour photographer
- VIP Darshans and Aarti at major temples

### Included Hotels:

Ayodhya: [The Ramayana or Similar](#)  
Chitrakoot: [Hotel BindiRam or similar](#)  
Prayagraj: [Hotel Welcome Heritage Badi Kothi or similar](#)  
Varanasi: [Hotel Taj Ganges or Hotel Radisson or similar](#)

**Call us to avail an early  
bird discount**

Enquire Now

Or

Email: [sales@tatvaexpeditions.com](mailto:sales@tatvaexpeditions.com)

Call: +918657540585 / 86



# Must Know Policies

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi

## PAYMENT TERMS:

- 50% at the time of booking the tour per person
- 25% 30 days prior departure
- 25% 15 days prior departure

## CANCELLATION POLICY:

- 90 Days Prior to Departure 25% of the Tour Cost
- 60 Days Prior to Departure 50% of the Tour Cost
- 45 Days Prior to Departure 75% of the Tour Cost
- 30 Days Prior to Departure 100% of the Tour Cost

## INCLUSIONS:

- Transportation by Luxury AC coach / Mini Coach or other designated vehicles
- All meals including breakfast @ hotel, curated lunch and curated dinner
- Accommodation will be in the above mentioned hotels or similar on double/twin basis.
- Experienced Subject Guides
- Entry fee, special darshan charges of places to be visited.
- Soil 2 Soul Tour Manager
- Yoga / meditation by expert (optional)
- Cost of professional photographer for the group.

## EXCLUSIONS:

- GST 5% on package cost.
- Flight / railway tickets
- Cost of insurance.
- Any upgradation of room category or hotel.
- Cost of pre/post tour accommodation and transfers.
- Any extra charges incurred due to any force majeure situation before the tour departure or during the tour, such as change in airline schedule, weather conditions, change in hotels.
- Any personal expenses such as portage, laundry, telephone, shopping, alcoholic beverages, extra mineral water or food that is not part of the groups set menu.
- Any cost incurred due to illness, accidents, hospitalisation or any personal emergency.
- Cost of any optional activities or services.
- Anything specifically not mentioned in the tour price inclusion.
- Tips not included.





# Objective

## Traverse & Transform

Trail 1 - Ayodhya, Chitrakoot, Prayagraj, Varanasi

*"Discovering your inner Ram"* is a transformative journey, where the ancient wisdom of Ramayana becomes a guiding light for your modern life. In the hustle of today, many find themselves adrift, yearning for true well-being. Our quest is to help you rediscover your Inner Ram – to experience life, embrace challenges, and find joy in the journey.

This pursuit isn't about escaping life's realities but embracing them. It's about connecting with your transcendental self, the spiritual soul that rejuvenates mind and body even amidst uncertainties. Come, delve into the art of experiencing life through the profound wisdom of Ram and Ramayana. *"Let's have this journey together and live life by embracing Sri Ram within us."*

*"To wish you are  
someone else is to waste  
the person you are"*

Maryada Purushottama Sri Ram

# Trails 2 and 3

**Trail 2:** 8 Nights / 9 Days: Nashik, Hampi, Lepakshi, Bengaluru

**Trail 3 and 4:** 10 Nights / 11 Days: Tiruchirappalli (Trichy), Madurai, Rameshwaram, Dhanushkodi, Srilanka



Launching Shortly





**Soil 2 Soul Expeditions** offers a Indi's first scholar led transformative journey that encourages self-reflection, mindfulness, and personal growth, fostering a sense of purpose and fulfillment. We are proud to introduce "**Transformative Journeys to Sacred India / Bharat**" a pioneering initiative aimed at offering seekers an opportunity to explore India's sacred places in a profound and insightful way.

Embrace a holistic experience that combines cultural exploration, spiritual understanding, and personal growth. Through meticulously designed itineraries, in-depth research, and comprehensive training, we aim to: Immerse seekers in the richness of India's culture, facilitate a deeper understanding of the spiritual practices, philosophies, and beliefs that have shaped India's sacred sites for centuries.

**[www.soil2soulexpeditions.com](http://www.soil2soulexpeditions.com)**

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